




# ISO Cheat Sheet

**\*\*these values are starting points only. Newer cameras will have more sensitive sensors and are able to handle low light conditions very well.\*\***

## Where is the Sun?

## ISO

- |   |        |
|---|--------|
| *  Full Sun, No Shade   | 100    |
| * Inside on a sunny day, near a large window  | 200    |
| *  In the shade on a sunny day or in the open on an outcast one. | 400    |
| * Indoors on a cloudy day/Sunny Day, the sun is setting   | 800    |
| * Inside, overcast day, away from a window  | 1000   |
| * Indoors, Artificial Light   | 1200   |
| * In a Dark room indoors  | 3200   |
| *  Nighttime or indoors with very poor light                    | 6400 + |

**TIP: Remember that the higher your ISO, the more grain you can introduce into your photo. So always start with the lowest ISO possible that will still give you a properly exposed photo.**

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